

Bern, 6. Juli 2021

Phil.-Nat. Fakultät
Departement Biologie
Institut für Ökologie und Evolution
Direktion

IEE INTERIM NURSING AND RESTING ROOM – Guidelines

Purpose and Use of Room

A Nursing and Resting Room has been established at the IEE for the use of students and staff requiring a private place for the specific needs of parents as well as for those requiring self-medication and periods of rest (Room D 104, first floor, Baltzerstrasse 6 3012 Bern).

The room provides:

- a quiet place to rest, breastfeed, bottle feed or express milk privately
- comfortable chair and breastfeeding pillow
- fridge and freezer to store milk bottles
- microwave to heat milk or sterilize breast pump supplies
- electric kettle to heat up water

(*water tap is available in the wo/man's toilet on the first floor)



The area is available for all members of the institute community: for breastfeeding mothers, lactation or for people needing to perform self-medication or rest (e.g. in case of diabetes or cancer treatment). Students and staff using the room must maintain appropriate standards of hygiene and cleanliness and clean the facilities they use each time they use the room. Disinfection items are provided in the room.

Access to the room

The IEE administration is the designated contact point for matters (keys and questions) related to the Nursing and Resting Room: susanne.holenstein@iee.unibe.ch / 031 684 45 11.