



**University of Bern**  
Office for Gender Equality  
Hochschulstrasse 6  
3012 Bern  
www.gleichstellung.unibe.ch

**Facilities and infrastructure**

- KIHOB Kita (=day care center): Casa Tutti Frutti, Donnerbühlweg 32
- KIHOB Kita: Casa Papaya, Sahlstrasse 44
- KIHOB Kita: Casa Musa, Erlachstrasse 9
- Nursing rooms
- Nursing rooms upon request (use of medical rooms)
- Changing tables (in labelled toilets or medical rooms)
- Parent-child rooms: vonRoll (room B002), University Main Building HG (room 012), Mittelstrasse 43 (room -111), IBMM Bühlstrasse 28 (room 223), Vetsuisse 124c (1. Floor), Baltzerstrasse 1 (room 202)
- High chairs in student cafeterias

**Barrier-free access to buildings**

Almost all buildings are accessible for prams/wheelchairs. For building plans with the location of entrances consult the website of the respective buildings.

**Services and counselling**

- Office for Gender Equality, University of Bern
- Personnel Department, University of Bern
- Welcome Center, University of Bern
- Counselling Centre Universities of Bern

# Balancing career & family at the University of Bern

Vice-Rectorate Quality, Office for Gender Equality



*«The University of Bern intends to consider the context of the lives of its employees and students adequately, and is therefore committed to reconcile their careers, studies and family lives.»*

In 2016, the University of Bern has signed the international Charta for a family-friendly university «Family at University», thus demonstrating a strong commitment to further improve the reconciliation of family and career.

## Work-life balance at the university

The University of Bern welcomes and promotes part-time work, telecommuting and annual working time. The university supports job sharing and has adopted job sharing guidelines. Employees are entitled to maternity, paternity and adoption leave and they can apply for a reduction of their workload due to parenthood. Employees have a claim to time-out for nursing as well as protection against dismissal during pregnancy and may not be discriminated against in employment processes because of their pregnancy.

During the years of study leaves, extension of the duration of studies, financial aid and the postponement of exams due to pregnancy, birth and parenthood are possible.

The regulations are recorded in the legislation of the Canton of Bern and of the University of Bern.

The University of Bern advises students and employees in all matters concerning the compatibility of work and family and offers individual coaching for employees and students on the subject.



## Offers and opportunities for partners

The University of Bern will support and assist partners of newly arrived researchers in their professional orientation in Switzerland. Personal consulting services and, as required, counselling and coaching for job searching are on offer. These offers are meant for partners of researchers who are newly employed at the University of Bern for at least three years, at postdoc level or above.

During the appointment and selection process all candidates will be informed of the offers for partners by the Chair of the Appointment Committees.

*«We want to offer the best possible conditions to our researchers. This includes supporting their partners in finding their way in their careers in Switzerland.»*

Silvia Schroer, Vice-Rector for Quality

For more information please visit [www.vereinbarkeit.unibe.ch](http://www.vereinbarkeit.unibe.ch)

## Child Care

The university day care foundation KIHOB offers places in three day-care centres for children (aged 3 months to 2nd grade), open to the children of students and staff of the University of Bern and the PHBern. KIHOB also offers short-notice care at home in case of sickness or care shortages, and child care during congresses. Contact: [info@kihob.ch](mailto:info@kihob.ch) / [www.kihob.ch](http://www.kihob.ch)

### Nursing rooms

- vonRoll: room A015
- GLUB (Hallerstrasse 12): room 306
- Unitobler: room D411
- Campus Sport Science: room B-141
- Small Animal Clinic (Länggassstrasse 128): room 065
- In the buildings UniS, University main building, Uni H6, ExWi, Bühlpplatzareal (Freiestrasse 3) and Uni Engehalde you can use the medical rooms for nursing. Please contact the Office for Gender Equality beforehand.
- Nursing in the Inselspital area: MEM, IFIK, DBMR.

### Changing tables

In the vonRoll building, there are changing tables in all toilets for the disabled. In the UniS, there is a changing table in the WC-D (entrance hall), in the Unitobler in the WC on floor -1, in the University main building in the WC on the ground floor, in H6 in the medical room on floor -1. Warm water is available.

### Parent-child rooms

Room B002 in the vonRoll building, room 012 in the University main building, room -111 in Mittelstrasse 43 and in the vetsuisse 124c are work- and playrooms for parents and their children. Students and employees of the University and the PHBern have the possibility to bring along their children in case of emergencies, to hold meetings or to rest.

### High chairs

In the following student cafeterias, high chairs are available: Mensa Gesellschaftsstrasse, Mensa Unitobler, UniESS, Mensa & Cafeteria vonRoll.

### Barrier-free access to buildings

Almost all buildings are accessible for prams/wheelchairs. Building plans with location of entrances, changing tables and nursing rooms: [www.hoerraeume.unibe.ch](http://www.hoerraeume.unibe.ch)

## Services and Counselling

### Office for Gender Equality, University of Bern

The Office for Gender Equality supports the University of Bern in the implementation of gender equality and counsels individuals on various topics, e.g. parenthood, reconciliation of family and career, dual career or discrimination. Hochschulstrasse 6 / [info@afg.unibe.ch](mailto:info@afg.unibe.ch) 031 631 39 32 / [www.gleichstellung.unibe.ch](http://www.gleichstellung.unibe.ch)

### Personnel Department, University of Bern

Employees of the University of Bern receive information on topics like employment, rights and obligations, human resources development, etc. Hochschulstrasse 6 / [info@pers.unibe.ch](mailto:info@pers.unibe.ch) / [www.personal.unibe.ch](http://www.personal.unibe.ch)

### Welcome Centre, University of Bern

The Welcome Center of the University of Bern provides information, advice and assistance for international researchers and new faculty and academic staff. Hochschulstrasse 4 / [infodesk@int.unibe.ch](mailto:infodesk@int.unibe.ch) / 031 631 80 49 / [www.int.unibe.ch](http://www.int.unibe.ch)

### Counselling Centre Universities of Bern

The Counselling Centre provides informational services and counselling to current students and faculty at Bern's institutions of higher education. All services are confidential and free of charge. Erlachstrasse 17 / [bstsecre@bst.bernerhochschulen.ch](mailto:bstsecre@bst.bernerhochschulen.ch) / 031 635 24 35 / [www.beratungsstelle.bernerhochschulen.ch](http://www.beratungsstelle.bernerhochschulen.ch)